Budget for 2021-2022 Friends Foundation Grant Application

Visiting Jaisohn Health at Advanced Living Communities (12-Months)

EXPENSES:

EXI ENGLS.	2									Narrative Note
Items	Unit Cost	Period		line Budget		Budget 2	Budget 3	_	Subtotal (\$)	#
Rent	\$1,200/mo	12 Months	\$	14,400				\$	14,400	1
Administrative Assistant &							4			
Counseling	\$13/hr	3days/wk, 12 months	\$	13,520		2,704		\$	16,224	2
Project/Office Manager	\$30/hr	2days/wk, 12 months			\$	24,960		\$	24,960	3
Social Service/Navigation	\$13/hr	2days/wk, 12 months	\$	5,408	\$	5,408		\$	10,816	4
Instructors	\$35/hr	2days/wk, 9.5 months	\$	15,750	\$	5,250		\$	21,000	5
ESL, 4hrs/wk, 40 weeks		\$5,600								
Line Dancing, 2hr/wk, 40 wks		\$2,800								
Singing, 1.5hrs/wk, 40 wks		\$2,100								
Cooking Class, 2hrs/wk, 40 wks		\$2,800								
Tech Class, 1hr/wk, 40 wks		\$1,400								
Mindfulness, 1.5hrs/wk, 20 wks		\$1,050								
Program/Event Costs	\$2,000/event	5 events	\$	6,000	\$	4,000		\$	10,000	6
,	\$12/meal, 30		Ť –		Ė					
Meal Costs	people	2 days/week					\$ 28,800	\$	28,800	7
Travel Costs	\$150/month	12 Months			\$	1,800	,	\$	1,800	8
Phone & Utility Costs	\$150/month	12 Months	\$	1,800	*			\$	1,800	9
Office Expense	\$100/month	12 Months	+		\$	1,200		\$	1,200	10
Initial Equipment & Books	\$200/month	ZZ Months	Ś	13,280	T	_,		Ś	15,000	11
Large TV Monitor	\$2,500	\$2,500	+		SERVINE			+		
2 Desks & 2 Chairs	\$350	\$700								
8 Client Chairs	\$80	\$320			\$	320		1		
25 Class Chairs	\$40	\$1,000			-					
7 Tables	\$120	\$840						1		
3 Desktops & 1 Laptop	\$800	\$2,400	_		\$	800				0.00
4 File Cabinets	\$200	\$800			7	000		+		
Exercise Bike & Equipment	\$750	\$750			1			+		
Class Board	\$200	\$200						-		
Class Books/Materials (50)	\$30	\$900	-		\$	600		-		
Supplies	\$370	\$370	-		7			-		
	\$370	\$370						-		
Kitchen Supply	ć2 F00	¢2.500	-					+-		
Signages	\$2,500	\$2,500	Ś	70.150	<u>,</u>	47,042	\$ 28,800	Ś	146,000	
Total: REVENUES:			\$	70,158	>	47,042	\$Z8,800	>	146,000	
HealthSpark Design Grant			\$	30,000				\$	30,000	12
Friends Foundation for Aging			\$	15,000				\$	15,000	
VNA Foundation			\$	25,000				\$	25,000	13
MontCo or PCA			٦	23,000			\$ 28,800	\$	28,800	14
			\$	158	\$	47,042	20,000	\$	47,200	15
Philip Jaisohn or Pew			Ψ	130	Ψ	47,042		٦	47,200	13
Total:			\$	70,158	\$	47,042	\$ 28,800	\$	146,000	

- 1. Space rental at the Advanced Living Communities for our staff and services for 12 month period will be \$14,400.
- 2. We will hire a new administrative assistant to staff the office and to provide various counseling support.
- 3. Our project manager will plan and oversee the services and activites at the ALC.
- 4. Our social service staff will provide social service and navigation services.
- 5. We will hire 5 instructors to teach various courses for 3 hours per week for 40 weeks during the 12 months.
- 6. We will host various events throughout the year.
- 7. We want to provide meals 2 days a week but hope to partner with an entity like Montgomery County or PCA to receive meal support.
- 8. Travel costs will be used to cover any travel expenses for staff, instructors and/or guest speakers.
- 9. Phone and utility cost will be used for the office landline and any other utility expenses we may incur.
- 10. Office Expense will cover various office supply needs.
- 11. Initial Equipment and books will cover expenses associated with cell phones, computers, a TV monitor, healthcare equipment, games, books for classes, etc.
- 12. HealthSpark grant has been awarded already.
- 13. VNA Foundation is highly supportive of our Visting Jaisohn Health initiative at Advanced Living Communities.
- 14. meal plan will be dependent on receiving support from Montgomery County or PCA.
- 15. We will seek additional funds from Pew but Jaisohn board has already approved this spending plan in case we are unable to secure funds from Pew.