

Application for continued funding 2022
Friends Foundation for the Aging

Has the identified problem changed?

The identified problem of addressing food insecurity has not changed. We know hunger exists in every community, but it is especially prevalent in aging, low-income, and minority neighborhoods. Nutrition programs with educational as well as feeding components can reduce food insecurity, improve health, and decrease poverty-related challenges.

Have your objectives changed?

Our objectives to serve a diverse population in a culturally and linguistically appropriate method remains the same. We will continue to target an unmet need for our aging population to expand food items, the scope and variety of foods, and the number of clients that can be served. This process will continue by strengthening both the senior volunteers and low-income senior recipient relationships- nourishing both the body and soul.

Will your efforts/actions to impact the problem change?

We will increase our efforts to include a more diverse aging population including Chinese speakers - who may have additional linguistic and cultural challenges of isolation and food insecurity. To meet demands we will consider moving to additional delivery of food (door-to-door) and additional food items for housebound seniors.

How will you know if the program is successful?

The pre and post-surveys will be continued. In addition, monthly check-ins and pictures of meals will be secured to provide continuous contact.

A program budget and amount of request

The attached budget illustrates some course corrections to include increased fuel costs, additional refrigerated space rental for fresh produce, meat, and dairy products, and a part-time project management consultant to engage the dietitian, volunteers, and evaluation. In addition, Case Managers and Rise Pantry staff will work with the project manager to ensure continuity of services as they are identified.

Question: is AFUN funded entirely by FFA? What are your thoughts on sustaining the project after the grant period?

FFA funding **launched** AFUN to create nutritional programs with easy meal preparation for seniors. Without this funding the AFUN program would not have been developed.

After launching this program we were able to secure additional funding for FUN – which is the same concept of nutrition, case management, and easy meal preparation – but is geared toward younger families and includes recipes and instructional materials for children.

Without the FFA funding, the aging population would not be provided with specific recipes and volunteers; instead the aging cohort would be incorporated into the larger program.

Unfortunately, seniors as a subset would be blended into other programming which could lead to isolation and a disadvantage as those programs include more technology than the senior population is comfortable with and prefers to utilize. In the current senior cohort only one respondent preferred email as a method of communication; everyone else preferred texts or phone calls. Unfortunately, this level of service could not be supported without the targeted FFA funding.