



NEW JERSEY ASSISTED LIVING PROGRAM PROVIDER COALITION



New Jersey Assisted Living Program helps housing managers meet residents' needs

The New Jersey Assisted Living Program (ALP) is a state certified program to provide a full set of assisted living services to support senior housing residents with their activities of daily living. This model brings together a team of on-site nurses, social workers, and health aides to ensure residents are able to safely age in the community.

ALP services are specially licensed and designed to be delivered in subsidized senior housing communities.

- **24-hour On-call Assistance:** ALP staff can be reached at any hour to assess a health problem and prevent minor ones from turning into unnecessary and disruptive middle-of-the night trips to the emergency room.
- **On-site Services:** 12-16 hours, seven days a week of on-site staff, overnight access to RN, housekeeping, laundry, bathing, grooming, meal preparation, dressing, medication administration, care plan management and other needs identified in the resident's individual care plan.
- **Referrals and Resources:** ALPs can connect tenants to other needed services, such as home-delivered meals, community transportation, or critical social supports.
- **Emergency Response:** An ALP care team can support emergency preparedness by coordinating with building staff to ensure residents have access to food, shelter and can navigate emergency procedures.

Value of ALP Partnership

- Familiar onsite care team working in partnership with property managers and service coordinators
- Better opportunities to collaborate with residents' families and care providers
- Rapid response to risks and health crises
- Reduced risk of residents harming selves and others
- Continual assessments of residents' care needs and ability to live independently, reducing vacancy rates
- Expertise in helping residents transition to higher-skilled care settings when needed

Why Housing & Health Partnerships are a Trend

- They help empower residents to better manage their own medical care and improve their self-care.
- They allow for coordination with key partners like home health aides, hospitals, managed long-term care plans, occupational and physical therapists, pharmacies, and housing managers.
- Studies have shown that older adults living in housing with on-site service coordinators had significantly lower hospitalizations and emergency room visits.

Source: LeadingAge and Corporation for Supportive Housing

Assisted Living Program Providers in New Jersey

- 1 Assisted Living Inc.**
Ewing
[609.432.4430](tel:609.432.4430)
- 2 Caring, Inc.**
Pleasantville
www.caringinc.net
- 3 Care Strategies**
Burlington, Mercer, Hunterdon,
Monmouth, and Union County
www.carestrategiesnj.com
- 4 Knoll Communities**
Sparta
www.knollcommunities.org
- 5 MC Properties**
Newark
www.mcpropertiesalp.com
- 6 Portable Assisted Living Services (PALS)**
Garfield and Westwood
www.thebrightsidefamily.org
- 7 Spring Oak ALP**
Atlantic/Monmouth/Ocean/Essex
www.springoak.net
- 8 St. Francis Medical Center**
Trenton
www.stfrancismedical.org/find-a-service-or-specialty/assisted-living-program-alp
- 9 Watson Street Assisted Living Program**
Camden
www.camdenhousing.org/services/assisted-living-program

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Thanks to Capital Impact Partners for their support and facilitation of the NJ ALP Provider Coalition.