

Ujima Friends Peace Center and Sankofa Artisan Guide
Friends Foundation on Aging Reapplication Grant – March 2023
With These Hands Project – Year 4
Renamed: The Pan-African Sisterhood Health Initiative (PASHI)

Once again, it is our earnest hope that FFA will fund this amazing program for a fourth year. The PASHI program hopes to continue making menstrual pads and birthing kits for women throughout African and Diaspora, while bringing together elders who are sewers and artisans to teach young people how to sew as service. We are asking for a grant of **\$45,285**.

Changes in the problem

The problem of elders living in isolation and often times not feeling as if they can contribute remains a challenge throughout our communities. Bringing elders together with youth as mentors breaks stereotypes of the elderly. Providing opportunities for elders and young people to work together on a project that is purposeful and addresses a pressing global need is empowering. Addressing period poverty and maternal morbidity throughout Africa and the Diaspora still remains a pressing concern worthy of our collective consideration.

Change in our solution: We intend to address the aforementioned problems in the manner that we have done so for the past several years. We will continue to bring together intergeneration cohorts led by their elders and will continue to attempt to reach even more elders, youth, and organizations working to improve outcomes for women throughout Africa and the Diaspora.

Changes in programming efforts: We no longer think that providing cloth masks as a part of our kits is an effective way to address the spread of COVID, so we plan to drop the cloth masks from the kits that we make in the upcoming year. With the exception of phasing out the making of cloth masks, we expect to continue providing panties, purses, pads, and making satchels for the birthing kits. PASHI has been locally recognized and is now being duplicated in Atlanta, Georgia. We hope this year to have the opportunity to have elders receive school age children at the center and serve as tutors and mentors, while going into schools and spreading the message of PASHI. We have been invited to travel to Zimbabwe to work with women there. If Way should open we would love to do just that. Finally, considering the success of the project, we will do 4 cycles of 12 weeks instead of three.

Changes in funding: This year has been really difficult for the Ujima Friends Peace Center as major repairs have had to be made in the building and the needs of the population being served in the North Philadelphia community are increasing. This makes our in-kind contribution more difficult to make. Yet, our commitment to this project outweighs any challenges before us.

Sustainability: Our FFA funding has allowed us to reach so many more seniors, serve more young people, and definitely expand our reach internationally. However a change in funding would mean a change in the scope of our work, but it would not change our commitment to continue this project. We see sustaining this project as essential to our being. We seek funding to be able to expand our reach and increase our impact.

PASHI Project 2023-24 Budget

(4X 12-week project)

We have no additional funding for this project.

	Items	Est Cost	Comments
1.	Project Director (1 part time)	\$14,000	
2.	Outreach/Site Coordinator (1 part time)	\$19,000	
3.	Building Maintenance	2,000	\$200 X 10 months –
4.	Rent, Utilities, Facilities	\$10,000	To be provided by Ujima Friends Peace Center as in-kind
5.	Used sewing machines	\$500	To be provided by Ujima Friends Peace Center as in-kind
6.	Industrial Sterger sewing machine	\$1500	Volume and thickness of pads are too much for regular servers
7.	Sewing Machine	\$3000	Purchase 8 sewing machines to replace those that are worn out and not worth repairing
8.	Accuquilt cutter	680	
9.	Accuquilt dies.	350	
10.	Accuquilt plastic replacement	100	
11.	PUL	1000	
12.	ZORB	1000	
13.	Fabrics	500	
14.	Zippers	100	
15.	Scissors	75	
16.	Threads	100	
17.	Ribbons	60	
18.	Refreshments and Serving Supplies	600	
19.	Snaps	60	
20.	Irons	200	
21.	Heavy Duty Ironing Board	100	
22.	Cutting Mat	60	
23.	Shipping	1000	
	Volunteer Appreciation Celebration	1000	
	Total project cost	\$55,915	
	Total in-Kind and materials	\$10,500	
	Total grant Request	\$45,285	

