

March 17, 2025

Susan W. Hoskins, LCSW, Executive Director Friends Foundation for the Aging P.O. Box 1081 Langhorne, PA 19047

Dear Susan,

Friends Village would like to be considered for the spring 2025 application cycle for funding from Friends Foundation for the Aging. Looking ahead, we aim to expand our wellness offerings by introducing a larger variety and frequency of instructor-led exercise classes, tailored for older adults. Additionally, the community hopes to incorporate art therapy to support residents' mental well-being. Residents have expressed interest in off-campus excursions, which will require additional staff support to ensure their safety and comfort. We will also explore an upgrade to the Friends Village gym, replacing older, underutilized equipment with equipment more suited for individuals with limited mobility, such as an arm bike and a recumbent cross trainer. These efforts reflect an ongoing commitment to enriching the lives of residents through engaging, health-focused programming.

Friends Village recently completed the installation of campus-wide Wi-Fi at our Paxson campus, thanks to the generous support of Friends Foundation for the Aging. This initiative supports our mission to empower middle-income older adults with affordable resources that enable them to stay engaged, connected, and purposeful within their community. Reliable internet allows residents to stay connected with family and friends, access telehealth services, continue lifelong learning, manage finances, and more.

While some residents have begun using the new service, we learned from our wi-fi rollout at the Styer campus that many need support in understanding internet plans and negotiating with service providers to determine the most cost-effective options.

To address this, we are offering additional Senior Planet educational sessions to residents and their families featuring "Understanding Internet Plans" to empower them to make informed decisions. Additionally, we plan to introduce "Streaming and Smart TVs" to help explore alternatives to traditional cable, providing residents with a better understanding of how to make accessible wi-fi work for them and additional possibilities for reducing their monthly expenses.

By providing both access and education, we aim to ensure our residents can fully benefit from today's digital world while making choices that best fit their needs and budgets.

Please don't hesitate to reach out if you have any questions. We are thankful for the continued support of Friends Foundation for the Aging, and for your faith in our stewardship of its gifts.

Sincerely, Karen Haney Advancement Director Friends Village