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MEMO

To: Susan Hoskins, Friends Foundation for the Aging

From: Jane Mack

Date: March 11, 2021

Subject: Request for support

This formal request is a follow up to our email exchange inquiring about potential interest of the Foundation to support the following session.

Title: "Introduction to Racial Literacy"

Speaker: Dr. Howard Stevenson of *Lion's Story*

Stevenson is currently the Constance Clayton Professor of Urban Education and Professor of Africana Studies at the University of Pennsylvania's Graduate School of Education. He has written numerous peer-reviewed publications, and he is the author of the teaching book *Promoting Racial Literacy in Schools*. His research publications and clinical work have been funded by the W.T. Grant Foundation, Annenberg Foundation and the National Institutes of Mental Health and Child Health and Human Development.

Date: June 21, 2021

Fee: \$4,000

Objectives:

- Introduction to practice of reading and recasting racially stressful encounters.
- Introduction and explanation of a racial stress reduction mindfulness strategy during personal and professional stressful racial encounters.

- Identify how racial stress affects thoughts, emotions, and physical response during racially stressful encounters and experiences.
- Beginning understanding of how exploring experiences affirming agency and authorship during racially stressful encounters builds individual confidence.

Expected Attendees: We will be sending an invitation to all of the estimated 650 contacts we have in our database for member organizations. This includes employees at all levels of the organization and will encourage those who receive the invitation to share it with colleagues who may not be on our list. We will also be inviting the leaders of other faith-based associations. We are hoping to have at least 75 people in attendance. Dr. Stevenson has also given us permission to record his presentation so it can be made available on the members-only portion of our website for later use.

